



## SAY GOOD-BYE TO ILLNESS

*An Innovative, Natural Solution for Allergies and Allergy-Related Conditions*

### Allergies As A Cause Of Illness

An individual can be allergic to anything: foods, drinks, pharmaceutical drugs, herbs, vitamins, water, clothing, jewelry, chemicals, paint, silicone, latex, plastics, pollen, grasses, etc. Allergy symptoms can range from mild to debilitating reactions to life-threatening illnesses. Medical scientists are still researching to find the exact cause and nature of allergies. From a Western medical point of view, an allergy is an overreaction of the immune system. In NAET, allergies are viewed from a holistic perspective based on Oriental Medical principals and defined in terms of the effect an allergic substance has on the energy flow in the body.

An allergy is a condition of unusual sensitivity of a person to one or more substances, which may be harmless to the majority of other individuals. In the allergic person, the allergic substance (known as an allergen) is viewed by the brain as a threat to the body's well being. When contact is made with an allergen, it causes blockages in the energy pathways called meridians, disrupting the normal flow of energy through the body's electrical circuits. This energy blockage causes interference in communication between the brain and body via the nervous system, which begins a chain of events that can develop into an allergic response.

Undiagnosed allergies are often the cause of common or chronic illnesses which when left untreated can become serious or critical. Through illness, pain, inflammation, headaches, fever, heart attacks, strokes, abnormal growths, tumors, and various physical, physiological and psychological discomforts, the brain signals the body about the possible dangers if the energy blockages remain within the body. The result of energy imbalances in the body leads to diminished state of health in one or more organ system. By reprogramming the brain and removing blockages from the energy pathways, NAET allows the body to regain perfect balance (homeostasis) and function normally to reach optimum health.

Currently, conventional medicine has several methods of diagnosing allergies, which include the intradermal test, patch test, and various blood tests such as the RAST test and the ELIZA test. The standard treatment is drug therapy using either antihistamines or steroids to control allergic symptoms. Unfortunately, this does not correct the underlying problem and often the allergy sufferer experiences serious long-term side effects. The most effective treatment option until now has been complete avoidance of the offending allergen(s), which can be difficult and in some cases impossible.

Nambudripad's Allergy Elimination Techniques is an innovative treatment for allergies that is completely natural, painless and non-invasive. This method can be used safely on anyone, even newborn infants, the elderly, patients in a coma, and pets. NAET can also be used to treat healthy individuals with hidden allergies that could cause illness in the future. In addition, NAET can complement other medical therapies requiring the use of pharmaceutical drugs (e.g. antibiotics, chemotherapy, radiation) to treat for any side effects and to maximize the effectiveness of the drugs. With the progress of modern science and technology, new chemicals and products are being developed every day, which create potential allergens for many people. NAET is a truly revolutionary solution that provides relief from adverse reactions to new allergens and empowers the individual to live a better life in our modern world.

### How Does NAET Work?

NAET is a synthesis of various medical disciplines such as allopathy, acupuncture, chiropractic, kinesiology and nutrition. Nambudripad's Testing Techniques utilizes Muscle Response Testing (MRT), which indicates the kinetic imbalance in the body caused by allergens. The NAET treatment stimulates pressure points along the spine from the neck to the sacrum while the patient is holding the allergen. After the treatment, a strong MRT indicates that the allergy has been removed. Specific acupressure points are then massaged or acupuncture needles may be inserted



for 20 minutes to stabilize the treatment. The substance must then be completely avoided for 25 hours following the treatment for best results. Allergens are treated and cleared one at a time in a specific sequence. Normally only one item is treated on a given day. In most cases one session is all that is required to eliminate an allergy if NAET is applied properly. Individuals who are highly sensitive may sometimes require additional treatments.

*“The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease.”*

– Thomas A. Edison

## Have you tried everything?

### **DON'T GIVE UP – THERE IS HOPE.**

Through NAET, people have been treated successfully for the following conditions:

Acne	Backache	Indigestion
ADD/ADHD	Bad Breath	Insomnia
Addiction to:	Blood Pressure Problems	Irritable Bowel Syndrome
Smoking	Bronchitis	Kidney Disease
Alcohol	Candida/Yeast	Knee Pains
Carbohydrate	Chronic Fatigue	Leaky Gut Syndrome
Coffee	Colitis	Lock Jaw
Drugs	Constipation	Menopausal Syndrome
Food	Cough	Migraines
Allergies to:	Depression	Mood Swings
Chemicals	Diarrhea	Nervous Stomach
Chemotherapy	Dry Eyes	Night Sweats
Cold	Dyslexia	Overeating
Computer	Ear Infection	O.C.D.
Cosmetics	Eczema	Environmental Allergies
Fungus	Excessive Appetite	Poor Memory
Heat	Falling Hair	Post Nasal Drip
Latex	Fibromyalgia	Premenstrual Syndrome
Milk Products	Flatulence	Psoriasis
Mold	Food Cravings	Restless Leg Syndrome
Peanuts	Frequent Colds	Rheumatoid Arthritis
Penicillin	Frequent Infections	Ringworm
Pets and Animals	Gallstones	Sciatica Pains
Plastics	General Itching	Sea Sickness
Prescription Drugs	Hay Fever	Shingles
Radiation	Headaches	Sinusitis
Shellfish	Heart Irregularities	Stiff Neck
The Sun	Hemorrhoids	Varicose Veins
Your Children	Herpes	Vertigo
Your Clothing	Hives	Weight Problems
Your Co-Workers	Hormone Imbalance	Your Spouse
Hyperactivity	Anxiety	Hypoglycemia
Asthma	Autism	...and many others

*“There is hardly any human disease or condition where allergic factors are not involved.”*

–Devi S. Nambudripad, D.C., L.Ac., M.D., Ph.D. (Acu.)

For more information or to schedule an appointment, contact Andrea and Mitzi: **847-901-1800**

© 2006 NAMBU DRIDAD'S ALLERGY RESEARCH FOUNDATION