



## The Mei Zen Cosmetic Acupuncture System

*An exciting alternative to plastic surgery and potentially unhealthy  
“non invasive” techniques*

Many factors contribute to the visible signs of aging including sun damage, smoking, stress, diet, and lifestyle. The skin is our largest organ and reflects the state of our internal health. It is the only organ that we have to take care of from both the inside and the outside. In Chinese Medicine the state of physical health, emotions, and spirit is reflected on the skin, particularly on the skin of the face. You look your best when your healthy inside reflects on your face!

Today, surgical procedures, laser resurfacing, various modes of injectable therapy and “non-invasive” procedures are being used to create a youthful appearance. These procedures only address the “outside”, can be expensive, and can carry significant risks.

The Mei Zen Cosmetic Acupuncture System tm utilizes an ancient needling technique that is very superficial. The Needling brings increased Qi and blood flow to the face. Additionally, the production of collagen and elastin is enhanced. Since this system is based on Traditional Chinese Medicine (TCM), the Mei Zen practitioner also uses point selections on the body to complete the balancing of energy. This results in an overall rejuvenating effect on the body, mind and spirit. Diet, lifestyle and skin care are also evaluated and addressed.

If you want to look and feel revitalized while maintaining the essence of who you are, you are a good candidate for **Mei Zen Cosmetic Acupuncture**

The outstanding distinction this protocol has is the side effects of improved health. Some of the reported benefits are:

- **Improvements in the fine lines and a diminished effect of deeper wrinkles.**
- **Moisturized, softer skin and a more even skin tone due to increased circulation of blood and lymph in the face.**
- **Improved muscle tone and firmer jaw line, as well as reduction in jowls.**
- **Reduction in puffiness due to improved metabolism.**
- **Reduction or elimination of rosacea and acne**
- **Reduction in the following conditions has also been reported:**  
*\*Insomnia \*Hot Flashes \*Depression \*Mild Anxiety \*Digestive Symptoms*

Call **847-901-1800** for more information on this exciting and nurturing technique!

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